



STONE CRABS SWIM TEAM

@ Vista Lakes Community Pool

USA Swimming Coaches Ann & Randy Stone

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SWIM TEAM at Vista Lakes Community Pool

The **Stone Crabs Swim Team**, established in Orlando in 1991, is a year-round USA swimming program, open to ALL interested swimmers. We are excited to bring our team to the Vista Lakes community! All four competitive strokes - Freestyle, Backstroke, Butterfly and Breaststroke - will be taught in a *low-key competitive environment*. If your child can swim comfortably in the water, then he/she is ready to join our swim team at Vista Lakes!

Practices: The FIRST Vista Lakes swim practice will be **Monday, May 4th at 4:45p.m.**

In May, we will practice every Monday, at 4:45p.m.

Summer Practices (beginning June 8th) will be every Monday, Tuesday and Thursday at 4:45p.m.

Cost (Per Child): Registration - \$60; Monthly fees - May: \$50, June: \$75, July: \$75, August: \$75

"LEARN to SWIM" Lesson Program at Vista Lakes Community Pool

Lesson Structure: Our group lessons are offered in sets of 8 classes, and class size is limited to the first 6 registered swimmers. Our Learn to Swim program is open to children of all ages.

Cost (Per Child): \$20 Registration + \$80 for 8 classes

Session 1: Week of May 4th - June 1st (Select class time)

11:30a.m to 12p.m. Mon. & Wed. (no class May 25th)

11:30a.m. to 12p.m. Tues. & Thurs. (last class May 28th)

4:15p.m. to 4:45p.m. Mon. & Thurs. (no class May 25th)

5:45p.m. to 6:15p.m. Mon. & Thurs. (no class May 25th)

Session 2: June 8th - June 23rd (Select class time)

11:15a.m. to 11:45a.m. Mon., Tues. & Thurs.

4:15p.m. to 4:45p.m. Mon., Tues. & Thurs.

6:00p.m. to 6:30p.m. Mon., Tues. & Thurs.

6:30p.m. to 7:00p.m. Mon., Tues. & Thurs.

Session 3: July 6th - July 21st (Select class time)

11:15a.m. to 11:45a.m. Mon., Tues., & Thurs.

4:15p.m. to 4:45p.m. Mon., Tues. & Thurs.

6:00p.m. to 6:30p.m. Mon., Tues. & Thurs.

6:30p.m. to 7:00p.m. Mon., Tues. & Thurs.

Session 4: July 27th - August 11th (Select class time)

11:15a.m. to 11:45a.m. Mon., Tues. & Thurs.

4:15p.m. to 4:45p.m. Mon., Tues. & Thurs.

6:00p.m. to 6:30p.m. Mon., Tues. & Thurs.

6:30p.m. to 7:00p.m. Mon., Tues. & Thurs.

YES! I would like to start my child immediately in swimming classes, so that he/she can be swimming all summer! Please sign me up for the above classes that I have selected. I have enclosed my registration fee (\$20 for lessons, \$60 for swim team), and I realize that the full payment will be due at the end of the first class/practice.

Child's Name: _____ Date of Birth: _____

Parent Name(s): _____ E-mail: _____

Address: _____ Phone No.: _____

Emergency Contact: _____ Cell Phone No.: _____

Medical Complications/Allergies: _____

I, we the parent(s) of the above named, hereby give my/our approval for the same to participate in any and all Stone Crabs Swim Team swim team or "Learn to Swim" activities. I/we agree to hold harmless the Stone Crabs Swim Team and their representatives for any claims of injury except to the extent covered by accident or liability insurance.

Parent(s)/Guardian(s): _____ Date: _____

Please make checks payable to Ann Stone.

Registration Forms can be sent to: Ann Stone, 1085 Crane Crest Way, Orlando, FL, 32825.

For more information, please contact Coach Stone at 407-282-4970 or StoneCrabs@aol.com